

MAP OF CONSCIOUSNESS

LEVEL NAME	CALIBRATED FREQUENCY	ASSOCIATED EMOTIONAL STATE	RESULTING PROCESS	VIEW ON LIFE	VIEW ON GOD
ENLIGHTENMENT	700-1000	INEFFABLE	PURE CONSCIOUSNESS	IS	SELF
PEACE <small>(LEVEL OF SPONTANEOUS HEALING)</small>	600	BLISS	ILLUMINATION	PERFECT	ALL-BEING
UNCONDITIONAL LOVE [JOY]	540	SERENITY	TRANSFIGURATION	COMPLETE	ONE
LOVE	500	REVERENCE	REVELATION	BENIGN	LOVING
REASON	400	UNDERSTANDING	ABSTRACTION	MEANINGFUL	WISE
ACCEPTANCE	350	FORGIVENESS	TRANSCENDENCE	HARMONIOUS	MERCIFUL
WILLINGNESS	310	OPTIMISM	INTENTION	HOPEFUL	INSPIRING
NEUTRALITY	250	TRUST	RELEASE	SATISFACTORY	ENABLING
COURAGE	200	AFFIRMATION	EMPOWERMENT	FEASIBLE	PERMITTING



LEVELS AT OR ABOVE 200 HAVE TRUTH, INTEGRITY AND SUPPORT LIFE

CREATIVE

LEVELS BELOW 200 ARE FALSE, LACK INTEGRITY, DO NOT SUPPORT LIFE

DESTRUCTIVE

PRIDE	175	SCORN	INFLATION	DEMANDING	INDIFFERENT
ANGER	150	HATE	AGGRESSION	ANTAGONISTIC	VENGEFUL
DESIRE	125	CRAVING	ENSLAVEMENT	DISAPPOINTING	DENYING
FEAR	100	ANXIETY	WITHDRAWAL	FRIGHTENING	PUNITIVE
GRIEF	75	REGRET	DESPONDENCE	TRAGIC	DISDAINFUL
APATHY	50	DESPAIR	ABDICATION	HOPELESS	CONDEMNING
GUILT	30	BLAME	DESTRUCTION	EVIL	VINDICTIVE
SHAME	20	HUMILIATION	ELIMINATION	MISERABLE	DESPISING



POWER IS SELF-SUSTAINING, PERMANENT, STATIONARY AND INVINCIBLE.

FORCE IS TEMPORARY, CONSUMES ENERGY AND MOVES FROM LOCATION TO LOCATION.

ENERGY FIELD INCREASES LOGARITHMICALLY: 1 = (1) 2 = (10) 3 = (100) 4 = (1000) 5 = (10,000) 6 = (100,000) ...ETC

ALL LEVELS BELOW 500 ARE "OBJECTIVE" (CONTENT BIASED) AND ALL LEVELS ABOVE 500 ARE "SUBJECTIVE" (CONTEXT BIASED)

Credit: Dr. David R. Hawkins